

PEER SUPPORT AND REFLECTIVE PRACTICE SESSIONS

FOR SENIOR/STRATEGIC LEADERS IN SOCIAL CARE AND SOCIAL WORK

Facilitated by Kinharvie Book now to secure a place!



DELIVERED IN COLLABORATION WITH The Scottish Government and the Scottish Social Services Council



PEER SUPPORT & REFLECTIVE PRACTICE:

Facilitated Online Session

For Senior/Strategic Leaders in Social Care and Social Work

Introduction

Socrates was known to hold the belief that "the unreflected life is not worth living". As leaders during the Covid-19 pandemic, we have been catapulted into an extended period of crisis where our leadership capability has been tested in ways we could never have imagined. As such, taking time to reflect on this unique experience is essential if we are to learn and develop as leaders and build resilience.

Reflective Practice is the foundation stone of professional development, helping leaders to make meaning from experience and transforming insights into practical strategies for personal and professional growth.

This Peer Support & Reflective Practice session provides a safe, protected and facilitated space to support you in critically reflecting on your leadership practice during the Covid-19 pandemic. Joining a session will provide a unique opportunity for you to share leadership stories and experiences, with the aim of growing and developing your leadership practice. Sessions will be conversational in approach with delegates pursuing leadership interests and concerns related to the purpose below.

Purpose

To critically reflect on your leadership experience during the Covid-19 crisis, to build leadership capability by making meaning and transforming insights into practical strategies for personal and professional growth.

Agenda

- Leading during the pandemic how was it, really?
- Lessons learned
 - Self-leadership and wellbeing
 - Staff/team leadership and wellbeing
- Resourcing leadership capability
 - Looking back, what was possible
 - o Looking ahead, what is needed
- Reflection on learning and commitment to action



Outcomes

- A better understanding of the experience of leading during the pandemic and an appreciation of the key lessons learned
- A greater sense of being supported, experiencing your own wellbeing at work as being attended to
- Increased motivation to use your leadership capability in ways that support and promote the wellbeing of your team
- A fuller understanding of how to develop and adapt your leadership behaviour and use appropriate styles of leadership in crisis situations
- Enhanced ability to always demonstrate compassionate leadership, which in turn will support workforce wellbeing and improve outcomes.

Dates and Timings

Peer Support Sessions will be delivered **online using Zoom** on the following dates:

Option 1	21/2/22	Option 2	22/2/22
	3pm to 5pm		3pm to 5pm
Option 3	23/2/22	Option 4	24/2/22
	11am to 1pm		11am to 1pm
Option 5	14/3/22	Option 6	16/3/22
	11am to 1pm		11am to 1pm
Option 7	21/3/22	Option 8	28/3/22
	3pm to 5pm		3pm to 5pm



Joining Instructions

Suitable potential delegates can sign up to **one session only**. If you are interested in joining a session workshop, you are invited to send your expression of interest to **leadership@sssc.uk.com** providing the following:

- Name
- Organisation
- Job title
- Email address
- Telephone contact
- Your first and second preferred date/time

We seek to ensure a representative mix of delegates from social care and social work in attendance at each session. A member of the SSSC team will contact you to confirm your attendance as soon as possible.